

PE MEDIUM TERM PLAN (MTP) YEAR 2 2020: SEE BELOW FOR LESSON OUTLINE

PE MTP Y1	Autumn 1: 8 WEEKS	Autumn 2: 7 WEEKS	Spring 1: 6 WEEKS	Spring 2: 6 WEEKS	Summer 1: 6 WEEKS	Summer 2: 6 WEEKS
<i>Taken from the Year 2 curriculum map</i>	<p>Topic Title: Sports and Games</p> <p>Key knowledge: Use running, jumping, throwing and catching in isolation and in combination.</p> <p>Key Skills: Jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.</p> <p>Key vocabulary: Jump, catch, throw, balance, Pattern, combination, run, forwards, backwards, skills, control, safely, arms, legs, tuck, link, movement</p>	<p>Topic Title: Gymnastics</p> <p>Key knowledge: Develop flexibility, strength, technique, control and balance.</p> <p>Key Skills: gymnastic positions Straight, Tuck, Star, Straddle, Pike Roll and Forward roll, Egg roll, Half turn, Dish roll, Teddy bear roll and Star Jump. Build on gymnastic positions to include movement and travel towards a target.</p> <p>Key vocabulary: Jump, bend, curl, posture, balance, sequence, combination, run, forwards, backwards, skills, control, still, rocking, rolling, crouched, safely, arms, legs, tuck, link, movement</p>	<p>Topic Title: Team Games – Tag rugby, Dodgeball, Bench ball, Football and Hockey</p> <p>Key knowledge: Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.</p> <p>Key Skills: Ball control, passing, turning, decision making, defending and attacking. Build on skills from Autumn 1 &2 working in small groups to increase spatial and tactical awareness, throwing and catching on the move. Develop an understanding of game rules and implement them. Build an awareness of others in play.</p> <p>Key vocabulary: Field, Fielding, dribble, passing, sideways, forwards, bat, ball, tag, rules, space, partner, evade, communication, change direction, possession, attacking, attacker, defending, defender, midfield, position, dodging, weaving, marking, intercepting, opponent, anticipate</p>	<p>Topic Title: Team Games – Tag rugby, Dodgeball, Bench ball, Football and Hockey</p> <p>Key knowledge: Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.</p> <p>Key Skills: Ball control, passing, turning, decision making, defending and attacking. Build on skills from Autumn 1 &2 working in small groups to increase spatial and tactical awareness, throwing and catching on the move. Develop an understanding of game rules and implement them. Build an awareness of others in play.</p> <p>Key vocabulary: Field, Fielding, dribble, passing, sideways, forwards, bat, ball, tag, rules, space, partner, evade, communication, change direction, possession, attacking, attacker, defending, defender, midfield, position, dodging, weaving, marking, intercepting, opponent, anticipate</p>	<p>Topic Title: Dance (Toys)</p> <p>Key knowledge: To perform dances using simple movement patterns.</p> <p>Key Skills: Combining steps to create a performance, Creating a simple dance routine, Copy movements shown, Perform in unison, Combine movements given a topic or directive, Feedback on performance of others, Copy a full dance sequence with prompt, Complete movements to represent different parts of a story, Evaluate own performances and begin to identify areas of improvement</p> <p>Key vocabulary: Formation, rhythm, movement, stretch, rebound, motif, dynamic, expression, tempo, pulse, speed, control, pace, synchronise and unison, team, group, compete, enjoyment, fun</p> <p>Reflect and improve To be able to compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	<p>Topic Title: Athletics and Sports day preparation</p> <p>Key knowledge: Play competitive games and take part in outdoor and adventurous activity challenges both individually and within a team.</p> <p>Key Skills: Catching, throwing, Jumping, running, changing direction and Co-ordination and</p> <p>Key vocabulary: Co-ordination, focus, catching, throwing, standing, movement, pace, fast, slow, height, tall, short, change</p> <p>Reflect and improve To be able to compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>
Lesson 1	<p>Lesson objective (s): To catch and throw a ball</p> <p>Brief outline of main tasks: The children will practice catching and throwing using a range</p>	<p>Lesson objective (s): To perform and improve balances</p> <p>Brief outline of main tasks: The children will create and hold different shapes with their</p>	<p>Lesson objective (s): To move with the ball in a game</p> <p>Brief outline of main tasks: The children will learn how to move with the ball, how to be aware</p>	<p>Lesson objective (s): To move with the ball in a game</p> <p>Brief outline of main tasks: The children will learn how to move with the ball, how to be aware</p>	<p>Lesson objective (s): To change speed, weight and size of movement.</p> <p>Brief outline of main tasks: The children will learn to make different sized</p>	<p>Lesson objective (s): To use appropriate sprint techniques</p> <p>Brief outline of main tasks: The children will learn to sprint in a straight line while looking forwards, move arms</p>

	of methods. They will work in pairs to catch and throw from different distances using different sized balls.	bodies, they will learn how to improve their balance using their bodies, they will create shapes that can be sequenced and evaluate each other's performance and give feedback.	of their surroundings, dodge a moving object, catch and throw a ball whilst moving. They will focus on the correct footing, dribbling techniques and how to keep the ball moving safely.	of their surroundings, dodge a moving object, catch and throw a ball whilst moving. They will focus on the correct footing, dribbling techniques and how to keep the ball moving safely.	shapes with their bodies, create movements with light and heavy steps, move smoothly between shapes using different speeds.	and legs using the correct sprinting technique and change direction when sprinting.
Lesson 2	<p>Lesson objective (s): To hold a racket</p> <p>Brief outline of main tasks: The children will be taught the correct technique for holding a racket, body position when hitting a ball and how to hit a ball.</p>	<p>Lesson objective (s): To create and balance shapes in unison</p> <p>Brief outline of main tasks: The children will work with partners to create quality balances using different parts of their bodies on different surfaces.</p>	<p>Lesson objective (s): To understand how to use space to pass and receive a ball</p> <p>Brief outline of main tasks: This lesson will focus on the children's spatial awareness. The children will learn to find space to identify a partner, pass and receive a ball. They will practice their skill in minigames.</p>	<p>Lesson objective (s): To understand how to use space to pass and receive a ball</p> <p>Brief outline of main tasks: This lesson will focus on the children's spatial awareness. The children will learn to find space to identify a partner, pass and receive a ball. They will practice their skill in minigames.</p>	<p>Lesson objective (s): To dance in different formations</p> <p>Brief outline of main tasks: The children will use what they learnt from the previous lesson to work with a partner, in groups and on their own to create dance steps.</p>	<p>Lesson objective (s): To balance an object whilst running</p> <p>Brief outline of main tasks: The children will learn to balance objects while moving at various speeds, they will practice balancing an egg on a spoon, show good body control while moving and show good coordination when travelling with a range of objects.</p>
Lesson 3	<p>Lesson objective (s): To hit an underarm throw</p> <p>Brief outline of main tasks: The children will work in partners and take turns to throw underarm and hit the ball. They will learn to throw and hit at a target and play mini games.</p>	<p>Lesson objective (s): To roll in different ways using control</p> <p>Brief outline of main tasks: This weeks lesson will focus on rocking and rolling in different directions and using different speeds. They will learn to link different movements to create a sequence.</p>	<p>Lesson objective (s): To use throwing and catching in a game</p> <p>Brief outline of main tasks: This lesson will recall catching and throwing skills, the children will refine their skills to improve techniques using a range of throwing and catching skills. They will identify the best methods of throwing and catching suitable for an activity</p>	<p>Lesson objective (s): To use throwing and catching in a game</p> <p>Brief outline of main tasks: This lesson will recall catching and throwing skills, the children will refine their skills to improve techniques using a range of throwing and catching skills. They will identify the best methods of throwing and catching suitable for an activity</p>	<p>Lesson objective (s): To move in response to a stimuli</p> <p>Brief outline of main tasks: The children will be given a stimuli and will pretend to be that object, move like the object, dance with the object and work with a partner as an object.</p>	<p>Lesson objective (s): To race in a sack</p> <p>Brief outline of main tasks: The children will practice jumping from two feet to two feet, use their arms and legs effectively to jump as far as possible, apply these skill when using a sack and stay in their sack throughout the race.</p>

			and play mini games to practice new skills.	and play mini games to practice new skills.		
Lesson 4	<p>Lesson objective (s): To practice and use simple tactics</p> <p>Brief outline of main tasks: The children will learn what tactics are, learn and practice simple tactics they can use within a game and combine their skills to play a simple game.</p>	<p>Lesson objective (s): To jump safely in a variety of ways</p> <p>Brief outline of main tasks: The children will be taught to jump safely off and on an apparatus, they will learn to control their landing, create clear shapes while in the air and evaluate their own performance.</p>	<p>Lesson objective (s): To understand attacking and defending</p> <p>Brief outline of main tasks: The children will learn the job of an attacker and attacking team and a defender and defending team. They will learn dodging and swerving skills and how to close down space when marking an opponent.</p>	<p>Lesson objective (s): To understand attacking and defending</p> <p>Brief outline of main tasks: The children will learn the job of an attacker and attacking team and a defender and defending team. They will learn dodging and swerving skills and how to close down space when marking an opponent.</p>	<p>Lesson objective (s): To dance a duet</p> <p>Brief outline of main tasks: The children will learn to react to each other's movements, move around each other together and move around each other with one partner standing still. The children will observe each other and feedback on what they like about their partners movements.</p>	<p>Lesson objective (s): To throw at a target</p> <p>Brief outline of main tasks: The children will practice throwing overarm using more power, throw underarm with some accuracy and use these skills to throw towards a target.</p> <p>Sports day 1.07.2021</p>
Lesson 5	<p>Lesson objective (s): To hold a cricket bat correctly and use it to hit a ball</p> <p>Brief outline of main tasks: The children will learn the correct way to hold a bat and hit a ball with control, they will focus on hit at a target and combine their skills to play a game.</p>	<p>Lesson objective (s): To create a gymnastic sequence</p> <p>Brief outline of main tasks: The children will explore and recall movements, link movements to ensure flow and use various weights and speeds to create a gymnastic sequence.</p>	<p>Lesson objective (s): To use attacking and defending skills in a game</p> <p>Brief outline of main tasks: The children will learn to shoot at a target when attacking, intercept or stop an object to protect a target when defending and understand how to attack and defend in a competitive game.</p>	<p>Lesson objective (s): To use attacking and defending skills in a game</p> <p>Brief outline of main tasks: The children will learn to shoot at a target when attacking, intercept or stop an object to protect a target when defending and understand how to attack and defend in a competitive game.</p>	<p>Lesson objective (s): To move to a rhythm</p> <p>Brief outline of main tasks: The children will learn to clap to a beat and beat out a rhythm using different parts of their bodies. The children will learn to move their body to a rhythm using various speeds.</p>	<p>Lesson objective (s): To travel in different directions pushing a football</p> <p>Brief outline of main tasks: The children will travel through obstacles whilst moving a football with their feet. They will use running, jumping and hopping skills and change direction whilst travelling with the ball.</p>
Lesson 6	<p>Lesson objective (s): To practice a range of cricket skills</p> <p>Brief outline of main tasks: The children will learn the different roles of</p>	<p>Lesson objective (s): To create matching sequence</p> <p>Brief outline of main tasks: The children will work in pairs to create</p>	<p>Lesson objective (s): To follow rules and apply specific skills within a game</p> <p>Brief outline of main tasks: The children will use attacking and</p>	<p>Lesson objective (s): To follow rules and apply specific skills within a game</p> <p>Brief outline of main tasks: The children will use attacking and</p>	<p>Lesson objective (s): To synchronize movements in different formations.</p> <p>Brief outline of main tasks:</p>	<p>Lesson objective (s): To travel using movements across obstacles</p> <p>Brief outline of main tasks:</p>

	cricket; the batter, bowler and fielders. They will recall previous learning and apply the skills they have learnt, take on different roles and use tactics in a game.	movements using the shapes they have learnt. They will perform their sequence using control, varying speeds, shapes, jumps and rolls. They will evaluate their performance and feedback for improvement.	defending skills in a game, understand the importance of rules in games and work as part of a team. INCLUDE: ASSESSMENT AND EVALUATIONS	defending skills in a game, understand the importance of rules in games and work as part of a team. INCLUDE: ASSESSMENT AND EVALUATIONS	The children will use marching to move to a beat, using rhythm and different body movements in unison. INCLUDE: ASSESSMENT AND EVALUATIONS	The children will practice hurdling across obstacles, jumping and hoping through ladders and moving between hoops. INCLUDE: ASSESSMENT AND EVALUATIONS
Lesson 7	Lesson objective (s): To apply skills learnt in a game Brief outline of main tasks: The children will work cooperatively to play a competitive game, combine and practice the skills they have learnt and evaluate their performance.	Lesson objective (s): To perform a gymnastic sequence Brief outline of main tasks: The children will recall their previous performance and use the feedback they received to improve their sequence. They will then perform their sequence. INCLUDE: ASSESSMENT AND EVALUATIONS	TERM END	TERM END	TERM END	TERM END
Lesson 8	Lesson objective (s): To play a game of bat and ball Brief outline of main tasks: The children will combine the skills they have learnt over the term and using feedback, make improvements and play a game of bat and ball.	TERM END				

	INCLUDE: ASSESSMENT AND EVALUATIONS					
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