



5

reasons to vaccinate your child against flu

✓ **Protect your child**

The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

✓ **Protect you, your friends and family**

Vaccinating your child will help protect more vulnerable friends and family

✓ **No injection needed**

The nasal spray is painless and easy to have

✓ **It's better than flu**

The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

✓ **Avoid costs**

If your child gets flu, you may have to take time off work or arrange alternative childcare

What should I do?

Children in reception class and school years 1, 2, 3, 4 and 5 will be offered the vaccine at school. Your child's school will provide details from the local healthcare team.

Contact the Barking & Dagenham Immunisation Team

Telephone:
0203 432 1464

Email:
BarkingandDagenham@vaccinationuk.co.uk

www.schoolvaccination.uk