

# Making the change



# Change is an opportunity

One of the biggest changes you will ever make is the leap from primary school to secondary school.



# There are many differences between primary and secondary school.

## Here is what to expect:

### Primary

- Smaller school
- Same class all the way through school
- A smaller range of subjects
- The same teacher or a few teachers for an entire year
- Playtime activities to do
- It could be close to your home with friends nearby
- Less independence

### Secondary

- Bigger school and you will move to different lessons
- Different subjects
- Different types of homework
- Different structure and routine
- Different teachers for each subject
- You will have a form tutor and class
- More independent learning
- Manage your own time
- A mixture of different children from different schools
- Different set of rules



# How can you face change and be prepared?

Never be afraid to ask for help.

Learn the layout of your new school.

Talk to friends and family about your concerns or excitement.

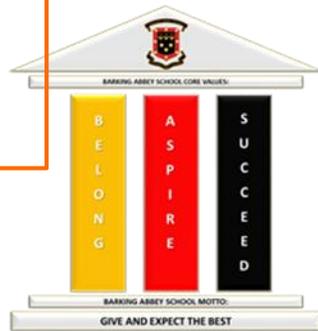
Know what uniform and sports kit you need.

Be organised and get all of your equipment ready.

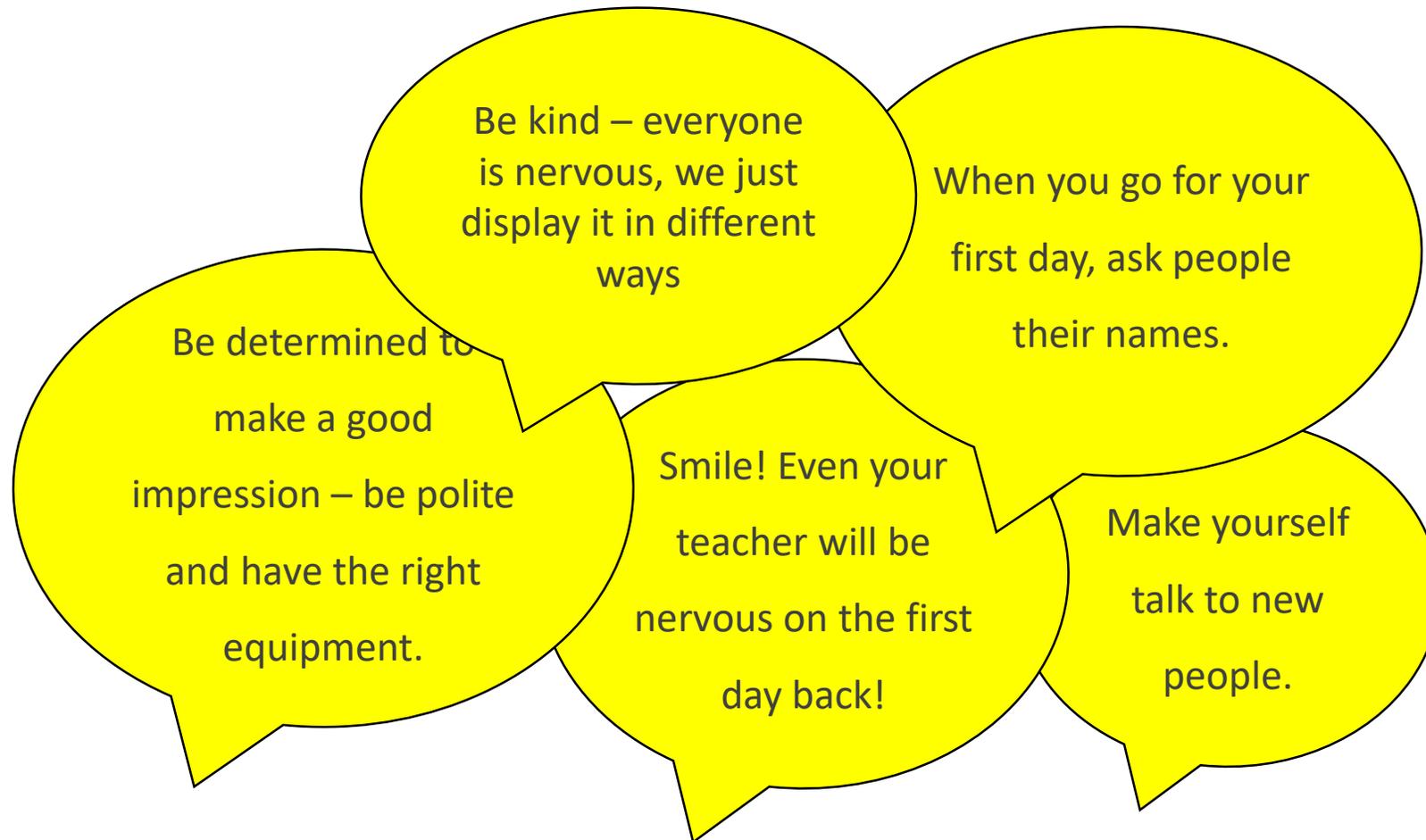
Know the timetable of your new school.

**There are many ways we can embrace the change of going to secondary school** →

- See it as an opportunity to make new friends.
- Try out new clubs and activities.
- Everyone is facing the same thing so try to enjoy it!
- Make a great first impression with your behaviour, organisation and presentation.



# Here are some top tips for making the change:



# Activity: School memories

Before you make a change, it is good to look back as well as look forward. You can see how far you have come! You started primary school when you were just five years old – you couldn't read or write back then!

- Name three things that have changed the most since you started primary school.
- What will you miss most about your old school?
- What are you most concerned about in your new school?



# Activity: New school

- Write down three things you are really excited about doing in secondary school.
- Write down three worries you have about secondary school. Speak to someone you trust about your worries to help you feel better.



# Why is getting an education such a great thing?

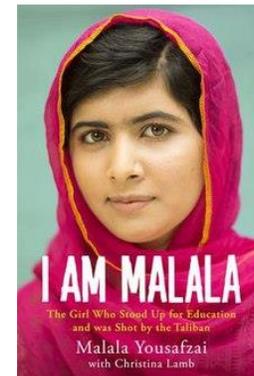
This is what a teenager called Malala said when she was at secondary school:

**“One child, one teacher, one book, one pen can change the world.”**

Malala Yousafzai

Pakistani activist for female education and the youngest Nobel Peace Prize laureate

**Malala believes that anyone – you, me, that person on the bus who goes to the secondary down the road – can change the world. The power of education to help you do that is massive. It opens doors that we thought were locked; it gives us the bricks to build the highest tower from which we can see the beauty of the world. Or, to put it without using metaphors, a good education can help you get the life you want for yourself.**



# Life is a journey...

Build on who are and what you have done in primary school.

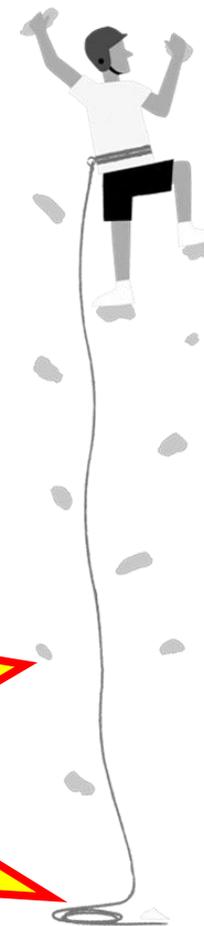
Use it as a stepping stone to help you achieve and enjoy a new school and environment.

Write own: What are the things that you have already done at primary school that you would like to build on?



It is **YOUR** journey...

**If you embrace the change, and use it as an opportunity to grow, then you will be able to do brilliant things!**



BARKING ABBEY SCHOOL CORE VALUES:

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BARKING ABBEY SCHOOL MOTTO:

GIVE AND EXPECT THE BEST