



eastbury
primary
school



Wednesday, 22 September 21

Dear Parent / Carer,

We have been informed that there has been a case of COVID-19 within the school. We know that you may find this worrying, but we are working closely with the Director of Public Health. Please be reassured that for most people, COVID-19 will be a mild illness. The school remains open and your child should continue to attend if they remain well.

If your child does develop COVID-19 symptoms, please do not bring them or any siblings into school. Please let us know and arrange for a PCR test at Barking Library or Barking Learning Centre.

The symptoms of coronavirus are:

- a high temperature (this means the child feels hot to touch on their chest or back)
- a new, continuous cough
- a loss or change to the sense of smell or taste

As the guidance changed on the 16th August [you will not be required to self-isolate if you are a contact of someone who has tested positive for COVID-19](#) if any of the following apply:

- you are fully vaccinated
- you are below the age of 18 years 6 months
- you have taken part in or are currently part of an approved COVID-19 vaccine trial
- you are not able to get vaccinated for medical reasons

NHS Test and Trace will contact you if you have been identified as a close contact and are required to self-isolate. Even if you do not have symptoms, [you will be advised to have a PCR test as soon as possible](#).

Any member of the household who is aged 18 years and 6 months or over and has only received one dose of COVID-19 vaccine or has not received any dose of the COVID-19 vaccination will still be required to self-isolate. Please read the [stay at home guidance](#) which provides

Eastbury Primary School

Dawson Avenue, Barking, Essex, IG11 9QQ

Tel: 0208 477 9910 Email: office@eps.barking-dagenham.sch.uk Web: www.eps.barking-dagenham.sch.uk



eastbury
primary
school

information on this. You could be fined if you do not self-isolate following a notification by NHS Test and Trace.

You may be entitled to a one-off payment of £500 through the [NHS Test and Trace Support Payment scheme](#) if you are required to stay at home and self-isolate or you are the parent or guardian of a child who has been told to self-isolate.

How to stop COVID-19 spreading:

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- get vaccinated – everyone aged 18 and over can [book COVID-19 vaccination appointments](#) now
- wash your hands with soap and water or use hand sanitiser regularly throughout the day
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- meet people outside and avoid crowded areas
- open doors and windows to let in fresh air if meeting people inside
- wear a face covering when it's hard to stay away from other people indoors or in crowded places

By working together we can keep everyone as safe as possible.

Best wishes

Mrs Shepherd
Headteacher

Eastbury Primary School

Dawson Avenue, Barking, Essex, IG11 9QQ

Tel: 0208 477 9910 Email: office@eps.barking-dagenham.sch.uk Web: www.eps.barking-dagenham.sch.uk