

EASTBURY PRIMARY - LUNCH MENU



6/9 27/9 18/10 8/11
9/9 20/12 10/11 31/1

WEEK 1

MONDAY

Jerk Chicken
Halal Jerk Chicken (H)
Vegetable Chilli Con-Carne (V)
Plain White Rice
Peas

Hot Jacket Potato
Filled with Chilli or Cheese

Frozen Strawberry Smoothie
Fruit Cocktail

TUESDAY

Beef Lasagne (O)
Halal Beef Lasagne (H) (O)
Roasted Vegetable Lasagne (V)
Garlic Bread
Sweetcorn

Hot Jacket Potato
Filled with Beans or Cheese

Chocolate Shortbread (O) (FT)
Peach Slices

WEDNESDAY

Roast Chicken Dinner
Halal Roast Chicken Dinner (H)
with Gravy
Roast Potatoes
Deep Filled Cheese Flan (V) (FR)
Carrots & Broccoli

Hot Jacket Potato
Filled with Tuna Mayo or Cheese

Fruit Jelly

THURSDAY

Homemade Cheese Pizza (V) (O)
Vegetarian Sausage Rolls (V)
Savoury Curly Fries
Sweetcorn or Baked Beans

Hot Jacket Potato
Filled with Baked Beans or Cheese

Apple Pie Flapjack (FT)

FRIDAY

Breaded Fish Fingers
Vegetable Nuggets (V)
Oven Baked Chips
Peas or Baked Beans

Hot Jacket Potato
Filled with Baked Beans or Cheese

Lemon Bakewell Tart (FR) (O) (FT)

13/9 4/10 25/10 15/11
6/12 27/12 17/1 7/2

WEEK 2

MONDAY

Creamy Macaroni Cheese (V) (O)
Salmon Flake Frittata (O) (FR)
Tomato Pasta Bake
Garlic Bread
Broccoli

Hot Jacket Potato
Filled with Tuna Mayo or Cheese

Chocolate Ice Cream
Mandarins

TUESDAY

Chicken Tikka Masala
Halal Chicken Tikka Masala (H)
Veggie Tikka Masala (V)
Rice
Broccoli
Naan bread

Hot Jacket Potato
Filled with Veggie Masala or Cheese

Orange Shortbread Biscuit
Honeydew Melon Slice

WEDNESDAY

Roast Chicken Dinner
Halal Roast Chicken Dinner (H)
Best of British Quorn Fillet (V)
with Gravy
Roast Potatoes
Carrots & Peas

Hot Jacket Potato
Filled with Baked Beans or Cheese

Fruit Jelly

THURSDAY

Chicken Wrap
Halal Chicken Wrap (H)
Cheesy Baked Potato Gnocchi (V)
Herby Potatoes
Corn on the Cob

Hot Jacket Potato
Filled with Tuna Mayo or Cheese

Golden Oat Flapjack (FT)

FRIDAY

Crispy Coated Bubble Fish
Tomato Topped Cheese Flan (V)
Oven Baked Chips
Peas or Baked Beans

Hot Jacket Potato
Filled with Baked Beans or Cheese

Banoffee Cake (O) (FR) (FT)

20/9 11/10 1/11 22/11
13/12 3/1 24/1 14/2

WEEK 3

MONDAY

Chicken Goujons
Halal Chicken Goujons (H)
Southern Fried Quorn Burger (H) (V)
Skin on Wedges
Corn on Cob or Coleslaw

Hot Jacket Potato
Filled with Coleslaw or Cheese

Raspberry Frozen Yoghurt
Watermelon Slice

TUESDAY

Mexican Chilli Beef Filled Tortilla Boats (O)
Mexican Chilli Halal Beef Tortilla Boats (H) (O)
Falafel Filled Tortilla Boats (V)
Salsa
Savoury Rice

Hot Jacket Potato
Filled with Cheese

Classic Shortbread Fingers (O) (FT)
Fruit Pieces

WEDNESDAY

Roast Chicken Dinner
Halal Roast Chicken Dinner (H)
With Gravy
Roast Potatoes
Vegetable Puff Tartlets (V)
Green Beans & Carrots

Hot Jacket Potato
Filled with Tuna Mayo or Cheese

Fruit Jelly

THURSDAY

Chicken Chimichanga (V) (O)
Vegetarian Chimichanga (V)
Criss Cut Chips
Sweetcorn

Hot Jacket Potato
Filled with Sweetcorn or Cheese

Lemon Drizzle Oat Flapjacks (FT)

FRIDAY

Breaded fish Fingers
Quorn Dippers (V)
Oven Baked Chips
Peas or Baked Beans

Hot Jacket Potato
Filled with Baked Beans or Cheese

Pear & Apple Sponge Cake (O) (FT) (FR)
with Custard