



POSITIVE BEHAVIOUR SUPPORT WORKSHOPS

For parents and carers living in Barking & Dagenham, Havering,
Redbridge and Waltham Forest

Introduction to Understanding Behaviour and Positive Behaviour Support

This course is designed for parents and carers responsible for individuals with a learning disability and/or autistic people who can present with behaviours of concern. The session will look at:

- Values of Positive Behaviour Support
- Challenging Behaviour
- Active Support
- Function-Based Strategies and Interventions

This is a one day training from **9:30am to 2:30pm** and some of these sessions will be co-produced and delivered with a parent with lived experience. Currently these sessions will take place face to face, this may change to virtual over Zoom based on government guidance .

Booking is via Eventbrite, click on your preferred date below to book your space. Venue details will be available on Eventbrite.

Wednesday 19th January 2022 - Goodmayes

Wednesday 2nd February 2022 - Romford

Wednesday 16th February 2022 - Barking & Dagenham

Wednesday 2nd March 2022 - Waltham Forest

121 Sessions with a Behaviour Analyst - Virtual

I Support Behaviour are also offering confidential 121 sessions with their Behaviour Analyst. These sessions aim to provide an opportunity to seek advice and guidance around specific situations relating to someone you may be supporting who has learning disabilities and/or autism.

Sessions will last 2 hours and will take **place online** through MS Teams or over the phone.

To book a place select your preferred date and time on **Eventbrite**.

Informal drop in Sessions Understanding the Function of Behaviour - Virtual

I Support Behaviour will be offering drop in sessions which will provide an opportunity to meet and discuss elements of the training, issues you are having with embedding specific elements of the training, and to gain peer support and formal guidance from the trainer.

There are four different dates available to choose from. Each session will **start at 10am and finish at 12pm** and take place online over **Zoom**.

The dates available are:

Wednesday 12th January 2022

Wednesday 9th February 2022

Wednesday 23rd February 2022

Wednesday 9th March 2022

To book a place select your preferred date on **Eventbrite**.

These courses are free for those living in Barking and Dagenham, Havering, Redbridge and Waltham Forest