



BARKING & DAGENHAM  
CARERS  
HUB

THERE ARE MANY WAYS IN  
WHICH THE  
**INFORMATION ADVICE  
SUPPORT SERVICE (IASS)**  
CAN OFFER HELP

These include:

- Help you understand the SEN process, including in school support for those without an EHC Plan
- If you are a young person or a parent carer, we can help you to express yours and your child's views and aspirations to be included in Education Health Care Plan (EHC) process
- Space to talk and time to listen; we take your views seriously
- Support at meetings such as School Meetings, Reviews, Annual Reviews, Mediation Meetings and Transition
- We can mediate on your behalf and ensure your voice is heard
- Practical help, including the writing of letters, emails, forms etc.



BARKING & DAGENHAM  
CARERS  
HUB

- Support in talking with professionals to help you express your views
- Preparation and support for meetings
- Preparation for and during tribunal
- Telephone support
- Regular newsletter
- Access to training
- Signposting to other in-house projects and other appropriate services

If you would like an informal chat with an Independent Support Worker please contact:

**0208 593 4422**

**Press option 3 (IASS)**

or

**email:**

**[carers@carerscentre.org.uk](mailto:carers@carerscentre.org.uk)**



**CONFIDENTIALITY**

Barking & Dagenham Carers' Hub operates a confidentiality policy whereby all information is confidential within the service, unless you have given permission for the information to be shared or if there are safeguarding concerns.



**BARKING & DAGENHAM  
CARERS  
HUB**

Further information around the SEN process can be found on the following websites:

**Carers' Hub website:-  
[www.carerscentre.org.uk](http://www.carerscentre.org.uk)**

**[www.councilfordisabledchildren.org.uk](http://www.councilfordisabledchildren.org.uk)**

**[www.ipsea.org.uk/contact-ipsea](http://www.ipsea.org.uk/contact-ipsea)**

**[www.gov.uk](http://www.gov.uk)**

**[www.lbbd.gov.uk](http://www.lbbd.gov.uk)**

**Please contact: 0208 593 4422**



**BARKING & DAGENHAM  
CARERS  
HUB**

Individual and confidential information can be obtained by contacting an Independent Supporter on

**0208 593 4422**

Carers of Barking & Dagenham  
334 Heathway  
Dagenham, Essex  
RM10 8NJ  
[www.carerscentre.org.uk](http://www.carerscentre.org.uk)



**Carers of Barking Dagenham**

Registered Charity No: 1063485  
Company Limited by Guarantee  
(England)  
No: 3180671



**BARKING & DAGENHAM  
CARERS  
HUB**

**Information Advice Support  
Service (IASS)**

**Offers support to parents/carers who have children & young people with Special Educational Needs (SEN).**

**We also support children/young people with SEN in their own right**

**Would you like more information about the SEN process?**

Are you in need of support or someone to talk to?  
To find the answer to these and any other questions you may have please contact:

**0208 593 4422**

**or  
[www.carerscentre.org.uk](http://www.carerscentre.org.uk)**