#### 16<sup>th</sup> October 2023

### Barking <mark>&</mark> Dagenham

## NELFT NHS

# Barking & Dagenham NHS Foundation Trust SEND LOCAL OFFER Quick Updates

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# Change & Transition

- Our children and young people may find change difficult:
- from school routine to half-term break,
- from home to new fun places,
- from familiar supporting adults to new faces.
- But they can learn how to manage changes - what they need is an effective and personalised preparation for transition.

SEND Local Offer Website: What's happening New resource added:

- 0-5 years Health and Wellbeing Programme
- October 2023 Half Term Activities
- NDTi Preparing for Adulthood PfA Outcomes Across the Age Ranges
- NHS Sensory-friendly Resource Pack
- Local Support for Cost-of-Living
- Create London Outdoor Painting Class





sendlocaloffer@lbbd.gov.uk

### For young people ages 15-25 with SEND

- We are going to get together soon to codesign the new Local Offer website Logo and the Young People's subpage.
- Interested? Please contact Andy Murphy:

forum@bdpp.org.uk

07881 247654



I can't believe this is the last weekly update of 1<sup>st</sup> half term, the weeks just seem to fly fast. Please do join the Youth Clubs or enjoy the above activities. Wish you a happy and restful half term break. See you again on 30<sup>th</sup> Oct.