16th October 2023

Barking <mark>&</mark> Dagenham

NELFT NHS

Barking & Dagenham NHS Foundation Trust SEND LOCAL OFFER Quick Updates

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Change & Transition

- Our children and young people may find change difficult:
- from school routine to half-term break,
- from home to new fun places,
- from familiar supporting adults to new faces.
- But they can learn how to manage changes - what they need is an effective and personalised preparation for transition.

SEND Local Offer Website: What's happening New resource added:

- 0-5 years Health and Wellbeing Programme
- October 2023 Half Term Activities
- NDTi Preparing for Adulthood PfA Outcomes Across the Age Ranges
- NHS Sensory-friendly Resource Pack
- Local Support for Cost-of-Living
- Create London Outdoor Painting Class





sendlocaloffer@lbbd.gov.uk

For young people ages 15-25 with SEND

- We are going to get together soon to codesign the new Local Offer website Logo and the Young People's subpage.
- Interested? Please contact Andy Murphy:

forum@bdpp.org.uk

07881 247654



I can't believe this is the last weekly update of 1st half term, the weeks just seem to fly fast. Please do join the Youth Clubs or enjoy the above activities. Wish you a happy and restful half term break. See you again on 30th Oct.